# St. Therese Catholic Church

March 13, 2022 Ministered by the Discalced Carmelite Friars Est. 1924 510 North El Molino Street | Alhambra CA 91801 | (626) 282-2744 | www.StThereseChurchAlhambra.org



#### **GOSPEL EXCERPT**

Jesus took Peter. John, and James and went up the mountain to pray. While He praying, His changed i n appearance and His clothing became dazzling white. And behold, two men conversing were with Him, Moses and Elijah, who appeared and spoke of His exodus that He was going to accomplish in Jerusalem. Then from the cloud came a Voice that said, "This is my chosen Son; listen to Him" (Luke 9:28-31, 35).

### **MASSES | CONFESSIONS**

Masses—Saturday: 8:00 a.m. & Vigil at 5:00 p.m.
Sundays at 7:30, 9:00, 11:00 a.m., 5:00 p.m.
And Traditional Latin High Mass at 1:00 p.m.
Monday-Friday Masses: 6:00 and 8:00 a.m.
(the daily 8:00 a.m., the Sunday 11:00 a.m., and the weekday 7:00 p.m. Masses are LIVE STREAMED on Facebook AND YouTube); Rosary: Mon-Sat after 8:00 a.m. Mass

Masses on Monday, \*Tuesday (\*Spanish), Wednesday & Thursday EVENINGS at 7:00 p.m. (Tues. and Thurs. are preceded by a showing of The Chosen, Season 2, from 7:00 to 7:15 p.m.); First Friday Mass: 7:00 p.m. CONFESSIONS (OUTSIDE)-Wednesdays from 8:00 to 9:00 p.m.; Saturdays from 3:00 to 6:30 p.m. and Sundays from Noon to 1:00 p.m. Carmelite Cloister: 7:30 a.m., Monday-Saturday

### OFFICE HOURS | CONTACTS

Monday – Friday: 9:00 am-1:00 pm; 2:00 pm-5:00 pm Pastor: Fr. Thomas Koller, OCD X222 Associate Pastor: Fr. David Guzman, OCD X232 In Residence: Fr. Albert Bunsic, OCD;

Fr. Bernard Perkins, OCD X225; Bro. Jason Parrott, OCD; Fr. Godfrey Chandya, OCD

Deacons: Dcn Joseph Mizerski | Dcn Gilbert Vargas X333;
Annulments: Deacon Gilbert Vargas X333

Vocations: For the Archdiocese: (213) 637-7515

For the Carmelites: www.discalcedcarmelitefriars.com

Parish Secretary: Denise McMaster-Holguin X223 denisekay@hotmail.com

denisekay@notmail.com Noralyn Cailan X228 / cailannocds(

Finance: Noralyn Cailan X228 / cailannocds@gmail.com
Music Director: Paula Grimm | pgrimm.dir@gmail.com
Respect Life Ministry: Catherine Contreras X112

# ST. THERESE CARMELITE SCHOOLS

(626) 289-3364

www.SaintThereseCarmeliteSchool.com

Principal: Alma Cornejo X661

principal@sainttheresecarmeliteschool.com

## SACRAMENTS

- Baptisms: Register online
- Weddings: Register online at least six months in advance
- Anointing of the Sick: Call the office

### PASTOR'S MESSAGE

Blessed Second Sunday of Lent and upcoming Solemnity of St Joseph! (on Friday, March 18, to honor St. Joseph properly, we will have a St. Joseph Table on his Vigil, instead of the ordinary "Soup Nite;" see Page Five for details).

Every First Sunday of Lent we begin the Lenten discipline of prayer, fasting, and works of mercy by "going out into the desert" with Jesus. Thanks to our Baptism, we are living the life of Jesus. If He is tempted, so are we. When He is victorious, so are we! Let us enter into Lent "innocent as doves and clever as serpents" (Mt 10:16). Notice how in last Sunday's Gospel (Luke 4:1-13), the devil begins by saying, "If you are the Son of God..." and reveals his strategy: call into question and attack Jesus' fundamental identity, Who He is. The devil will do that repeatedly with you and me all through our lives, and especially in Lent. If he can confuse us, distract us, lie to us about who and Whose we are, then he can much more easily keep us from having what our Heavenly Father wants to share with us and from doing what He asks of us. (Remember... we live from an inheritance approach to life—not a performance approach to life: I am, I have, I do; NOT I do, therefore I have; therefore I am!)

How does Jesus conquer the devil's temptations? By staying rooted in His identity as the Father's Beloved Son, and then by using other Scriptures to shine the Light on the devil's misuse of Scripture. That is why this Second Sunday's Gospel is always about Jesus' Transfiguration. We see and hear clearly that He is the Beloved Son of the Father. That helps us now, through prayer and fasting, to be renewed in our own baptismal identity and authority and power as we express that in works of mercy. Below are some Scriptures about who and Whose you are.

Fraternally in Jesus and Mary and Joseph, Fr. Thomas, OCD

#### IN CHRIST I AM ACCEPTED. GOD SAYS:

- I am God's child (John 1:12)
- I am Christ's friend (John 15:15)
- I have been justified (Romans 5:1)
- I am united with the Lord, and I am one spirit with Him (1 Corinthians 6:17)
- I have been bought with a price: I belong to God. (1 Corinthians 6:19-20)
- I am a member of Christ's Body (1 Corinthians 12:27)
- I am a saint, a holy one (Ephesians 1:1)
- I have been adopted as God's child (Ephesians 1:5)
- I have direct access to God through the Holy Spirit (Ephesians 2:18)

Find of

For in Him dwells all the fullness of the Godhead bodily; and you are

complete in Him,

who is the head of all principality and power.

Colossians 2:9-10



#### IN CHRIST I AM SECURE. GOD SAYS:

- I am free from condemnation (Romans 8:1-2)
- I am assured that all things work together for good (Romans 8:28)
- I am free from all condemning charges against me (Romans 8:31-34)
- I cannot be separated from the love of God (Romans 8:35-39)
- I have been established, anointed and sealed by God (2 Corinthians 1:21-22)
- I am confident that the good work God has begun in me will be perfected (Philippians 1:6)
- I am a citizen of heaven (Philippians 3:20)
- I am hidden with Christ in God (Colossians 3:3)
- I have not been given a spirit of fear, but of power, love and self-control (2 Timothy 1:7)



Therefore accept one another, even as

Christ accepted you,

to the glory of God.

Romans 15:7

#### IN CHRIST I AM SIGNIFICANT. GOD SAYS:

- I am the salt of the earth and the light of the world (Matthew 5:13-14)
- I am a branch of the true vine, Jesus, a channel of His life (John 15:1-5)
- I have been chosen and appointed by God to bear fruit (John 15:16)
- I am a personal, Spirit-empowered witness of Christ (Acts 1:8)
- I am a temple of God (1 Corinthians 3:16)
- I am a minister of reconciliation for God (2 Corinthians 5:17-21)
- I am a fellow worker with God (2 Corinthians 6:1)
- I am seated with Christ in the heavenly realms (Ephesians 2:6)
- I am God's workmanship, created for good works (Ephesians 2:10)

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# Lenten Schedule

**SOUP NIGHTS** are being held in the Hall for the remainder of the Fridays in Lent **between 5:30 and 7:00 p.m.—March 18 and 25 and April 1 and 8 (**Margaret Blackwell and her family hosted the March 4th Soup Night and the Knights of Columbus hosted it on March 11th). **The next one will be this Friday, March 18, the vigil of the Feast of St. Joseph, and will be a St. Joseph's Table (\*SEE THE BOX IMMEDIATELY BELOW).** If your family or your group would like to host / co-host a Soup Night (on March 25, April 1, or April 8,) please call the office.

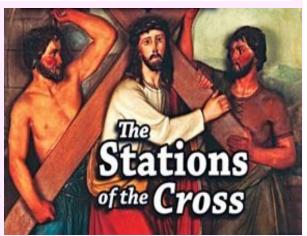
\*ST. JOSEPH'S TABLE AND MASS ON MARCH 18: As mentioned above, March 18th's Soup Night will be a very special one, since it will be a St. Joseph's table, an Italian tradition. A St. Joseph's Table normally has three aspects: a Mass or prayer service in honor of St. Joseph, a St. Joseph's Table or "altar of reference," and a communal celebration. Any donations collected will go for the needs of the poor. All are invited to attend! If you would like to bring something to share (nothing with meat!), you are highly encouraged to do so. Consider making a traditional item, such as bread baked into a symbolic shape and coated in sesame seeds; minestras, which are very

thick soups made of lentils, favas, and other types of beans, together with escarole, broccoli or cauliflower; pasta made with bread crumbs sautéed in butter to resemble wood sawdust; sweet Pasta, a pasta dish made with honey; olives, figs, and other side dishes; and desserts such

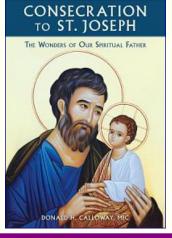
as cakes, biscotti and cookies, often embellished with almonds, or sfingi (fried bread dough rolled in sugar) and zeppoli (pastry filled with crème and garnished with a dusting of powdered sugar and a maraschino cherry).

**STATIONS OF THE CROSS** are held in the church every Friday during Lent at 7:00 p.m. Also, Saint Therese Carmelite School has the Stations every Friday during Lent after the 8:00 a.m. Mass.

**FAST AND ABSTINENCE:** The next mandatory day of fast will be Good Friday, April 15. On that day, **FASTING** is obligatory for all Catholics ages 18 through 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to the full meal. The norms for **ABSTINENCE FROM MEAT** are binding upon all Catholics from age 14 and up. The reasons the Church prescribes fasting and abstinence are: as a sharing in Christ's Passion and death, as an expression of inner conversion, and as a form of reparation for sin.



# ST. JOSEPH MASS / CONSECRATION



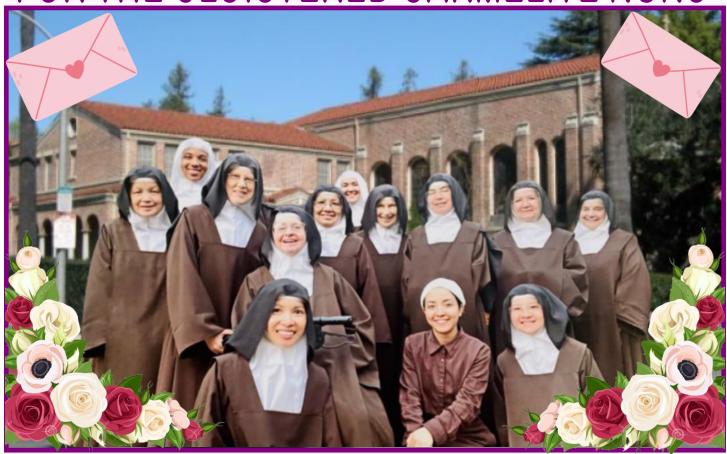
A SPECIAL MASS IN HONOR OF ST. JOSEPH will be held at 7:45 p.m., on Friday, March 18, which is the Vigil of his Feast on March 19 (as is detailed above, it's preceded by a St. Joseph's Table and Stations of the Cross).

For all those who have been preparing to be consecrated to St. Joseph (either by reading the book on your own or by attending the preparation sessions), the Consecration ceremony will take place at this Mass.

If you have not been attending the sessions but wish to participate in the Consecration, please contact Maria Alejandra (ale3767@yahoo.com or 626-993-4236) to let her know.

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# THE ANNUAL "FR. JEROME APPEAL" FOR THE CLOISTERED CARMELITE NUNS



The Carmelite Monastery was instrumental in St. Therese Parish being established in Alhambra, and there has always been a special closeness and loving support between the Parish and the Nuns. To honor this, please help support our Cloistered Carmelite Nuns! All donations will help provide for their daily needs and the upkeep of their monastery. PINK ENVELOPES can be found on the tables by the church doors. May God bless and reward you for your generosity!

### FINANCIAL OFFERINGS

May God reward you for giving from your heart! Below you will find the total collection for last weekend, as well as for the previous four weekends. Note: There is a second collection on the 2ND WEEKEND OF EACH MONTH for our School.



March 5 / 6, 2022

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# PROPHETIC ROOM PRACTICUM

The Encounter School of Ministry is hosting this PROPHETIC ROOM PRACTICUM this Monday, March 14, from 6:00 to 9:00 p.m., at St. Philip's. This will help all those who participate to grow in faith and connect to the voice of God the Father! This in-person event will create an atmosphere of faith where each attendee will get some dedicated time to receive prayers from other participants. Every prophetic word spoken ought to foster your personal relationship with God and give you encouragement and insight into His perspective about your life.

#### **SCHEDULE:**

6:00 to 6:40 p.m.: Worship and Welcome

6:40 to 7:00 p.m.: Explanation and Expectations of

**Prophetic Ministry** 

7:00 to 8:30 p.m.: Group Prayer Ministry Time (10

minutes in duration each)

8:30 p.m.: Close ministry and Closing Prayer

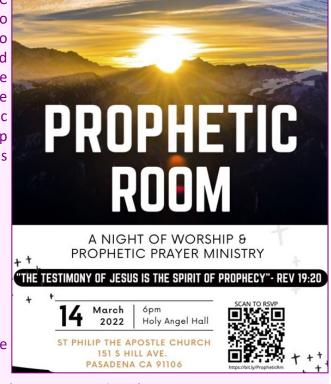
**LOCATION:** Holy Angels' Hall next to St. Philip the Apostle

Church, 151 South Hill Avenue, Pasadena

**RSVP REQUIRED**: If you are joining us, please RSVP online (on our STC website).

**RESOURCES:** Before coming, please watch our Video Presentation to help encourage you and build your faith for the impossible! Also, check out more information on Prophetic Ministry Basics and Prophetic Discernment.

**LINKS**: The links to RSVP and to watch the videos and view the other resources can be found on **the St. Therese website homepage.** 



### FORMED: THE CATHOLIC FAITH ON DEMAND



St. Therese has purchased a subscription to Formed that is FREE for all our parishioners to use. Think of Formed as a Catholic version of Netflix...full of movies but also with books and other features. Here are a couple of new entries on the site:

- A PLACE AT THE TABLE: African Americans on the Path to Sainthood
- MAKING A SPIRITUAL PLAN FOR LENT.

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# Fasting from the Sin of Envy

# PAUSE TO HEAR GOD SPEAK:

A tranquil mind gives life to the body, but jealousy rots the bones."
-Proverbs 14:30

"Do nothing out of selfishness or out of vainglory; rather, humbly regard others as more important than yourselves, each looking out not for his own interests, but everyone for those of others." -Philippians 2:3-4



Today, I choose to fast from the sin of envy.

If we are honest with ourselves, celebrating the good fortune of those around us can often leave us feeling a little empty on the inside. It might begin as a simple thought: "Why them and not me?" Before long, we are comparing ourselves to others in a way that breeds sorrow and sadness. We think, "Why do they have that and I don't? I'm more deserving. I'm smarter, better, and harder working."

The hallmarks of our envy are a lack of kindness, mercy, and love. We end up being judgmental and unkind to others. Envy makes it easy for us to believe that we are left out or deprived. We rejoice in the misfortune of others and are even willing to tear them down. This in turn renders us dangerously vulnerable to deep feelings of sadness and sorrow.

#### Take time to ask yourself...

- What types of people and occasions make me envious?
- How do I feel when I believe I deserve more than I have?

Pray slowly... Heavenly Father, In the name of our Lord Jesus Christ, and by the power of the Holy Spirit, I accept the gifts of humility and connectedness in my life. I accept my identity as the beloved son/daughter of a gracious Father God. I thank you for my life's purpose and the strength to fulfill it. I accept your healing grace. Amen.

The above is taken from the book, Lenten Healing, by Ken Kniepmann—available for sale in the parish office.

### A SIMPLE AND BEAUTIFUL PRAYER

Submitted by Fr. Bernard Perkins, OCD

When you wake up say, "Jesus, I love you!"
When leaving the house say, "Jesus, come with
me."

When you feel like crying say, "Jesus, hug me." When you feel happy say, "Jesus, I adore you."

When you attempt something say, "Jesus, come and help me." When you make a mistake say, "Jesus, forgive me."

When you go to sleep say, "Thank you, Jesus! Cover me with your holy mantle." God loves YOU!

### Mass Intentions

#### March 12 to March 19, 2022

#### Saturday evening:

5:00 p.m.: Albert F. Macedonio, RIP **Sunday:** 

\*7:30 a.m.: Marietta Okamoto, RIP
7:30 a.m.: Balfour Alexander Wong, RIP
9:00 a.m.: Michael Matthew J. Schmitt, RIP
11:00 a.m.: Fr. Matthias Lambrecht, OCD, and
Bro. Jason Parrott, OCD, Birthday Intentions
1:00 p.m.: Ursulina Aquino, RIP
5:00 p.m.: Parishioners

#### Monday:

6:00 a.m.: Guadalupe Cuellas, Birthday INT \*7:30 a.m.: Sr. Cecilia, OCD, INT 8:00 a.m.: James Mizerski, RIP 7:00 p.m.: Alice Uy and Robert Bitler, INT

#### Tuesday:

6:00 a.m.: All Souls in Purgatory \*7:30 a.m.: Sr. Cecilia, OCD, INT 8:00 a.m.: Leonel Salgado, RIP 7:00 p.m.: Marietta Okamoto, RIP

#### Wednesday:

6:00 a.m.: Priscilla Catalan, Birthday INT \*7:30 a.m.: Nancy Smith, RIP 8:00 a.m.: McAllister Family, INT 7:00 p.m.: Emmanuel Lim, RIP

#### **Thursday:**

6:00 a.m.: John, Helen, and Patrick Hummel, RIP \*7:30 a.m.: Sr. Kim Marie, OCD, INT 8:00 a.m.: Marietta Okamoto, RIP 7:00 p.m.: Jaime Doria, RIP

#### Friday:

6:00 a.m.: Marietta Okamoto, RIP \*7:30 a.m.: Sr. Elizabeth, OCD, INT 8:00 a.m.: Leonel Salgado, RIP

7:45 p.m. Vigil: Those Consecrated to St. Joseph

#### <u>Saturday Morning—Feast of St. Joseph</u>

\*7:30 a.m.: Carmelite Community 8:00 a.m.: Julia & Jose Munoz and Josefina Rosales, RIP

\*Held at the Cloistered Carmelite Chapel, 215 E Alhambra Road, Alhambra, California. Although Mass is still being celebrated at the chapel for the above intentions,

#### **LIVE STREAMED MASSES:**

The 8:00 a.m. Daily Mass (Monday—Saturday), the 11:00 a.m. Sunday Mass, and the 7:00 p.m. weekday Masses are live streamed on Facebook AND YouTube (for those unable to attend due to illness, etc.). Links to those two sites are on our website's home page (in the top left column).

# Wisdom for Today

## TWELVE THINGS TO ALWAYS REMEMBER:

- The past cannot be changed.
- Opinions don't define your reality.
- Everyone's journey is different.
- Things always get better with time.
- Judgments are a confession of character.
- Over-thinking will lead to sadness.
- Happiness is found within.
- Positive thoughts create positive things.
- Smiles are contagious.
- Kindness is free.
- You only fail if you quit.
- What goes around, comes around.
   (Submitted by Fr. Bernard Perkins, OCD)



### Deaths

Please pray for the repose of the souls of:

† Mario Angulo

† Sean Robin Uchiyamada

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email him at kjetton@la-archdiocese.org

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