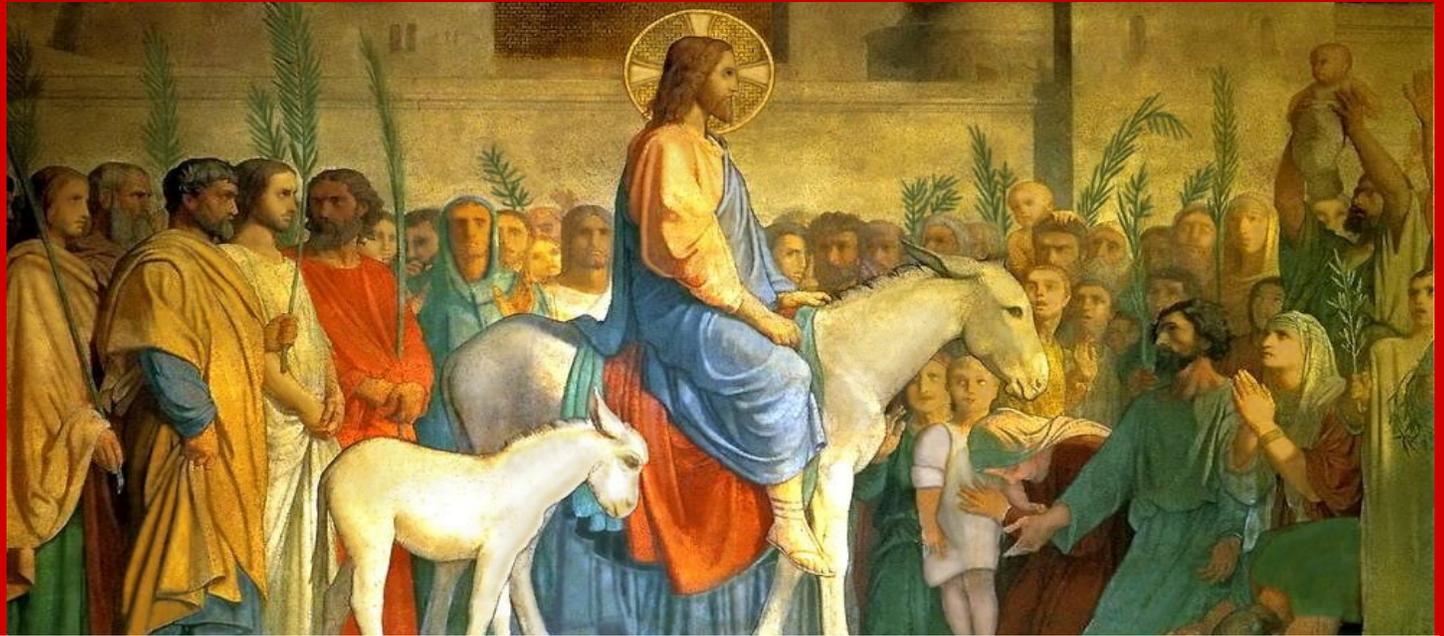


St. Therese Catholic Church

April 10, 2022

Ministered by the Discalced Carmelite Friars Est. 1924

510 North El Molino Street | Alhambra CA 91801 | (626) 282-2744 | www.StThereseChurchAlhambra.org



PALM SUNDAY OF THE LORD'S PASSION

MASSES | CONFESSIONS

Masses—Saturday: 8:00 a.m. & Vigil at 5:00 p.m.

Sundays at 7:30, 9:00, 11:00 a.m., 5:00 p.m.

And Traditional Latin High Mass at 1:00 p.m.

Monday-Friday Masses: 6:00 and 8:00 a.m.

(the daily 8:00 a.m., the Sunday 11:00 a.m., and the weekday 7:00 p.m. Masses are **LIVE STREAMED** on Facebook AND YouTube); **Rosary: Mon-Sat after 8:00 a.m. Mass**

Masses on Monday, *Tuesday (*Spanish),

Wednesday & Thursday EVENINGS at 7:00 p.m.

(Tues. and Thurs. are preceded by a showing of The Chosen, Season 2, from 7:00 to 7:15 p.m.); **First Friday Mass: 7:00 p.m.**

CONFESSIONS (OUTSIDE)-Wednesdays from 8:00 to 9:00 p.m.; Saturdays from 3:00 to 6:30 p.m. and Sundays from Noon to 1:00 p.m.

Carmelite Nuns: 7:30 a.m., Monday-Saturday

OFFICE HOURS | CONTACTS

Monday – Friday: 9:00 am-1:00 pm; 2:00 pm-5:00 pm

Pastor: Fr. Thomas Koller, OCD X222

Associate Pastor: Fr. David Guzman, OCD X232

In Residence: Fr. Albert Bunsic, OCD;

Fr. Bernard Perkins, OCD X225; Bro. Jason Parrott, OCD;
Fr. Godfrey Chandya, OCD

Deacons: Dcn Joseph Mizerski | Dcn Gilbert Vargas X333;

Annulments: Deacon Gilbert Vargas X333

Vocations: For the Archdiocese: (213) 637-7515

For the Carmelites: www.discalcedcarmelitefriars.com

Parish Secretary: Denise McMaster-Holguin X223
denisekay@hotmail.com

Finance: Noralyn Cailan X228 / cailannocds@gmail.com

Music Director: Paula Grimm | pgrimm.dir@gmail.com

Respect Life Ministry: Catherine Contreras XI12

ST. THERESE CARMELITE SCHOOL SACRAMENTS

(626) 289-3364

www.SaintThereseCarmeliteSchool.com

Principal: Alma Cornejo X661

principal@sainttheresecarmeliteschool.com

See our **VIDEOS** on the School's Facebook page
or on the Church's website >Our School > Videos



- **Baptisms:** Register online
- **Weddings:** Register online at least six months in advance
- **Anointing of the Sick:** Call the office

PASTOR'S MESSAGE

Blessed Holiest Week of the year, everyone! Today is Palm or Passion Sunday, and we have the grace of hearing the Passion of Our Lord Jesus Christ from the Gospel of Luke. (Notice how in this Gospel the argument between the two brothers, James and John, and the other ten about who gets to sit closest to Jesus in the Kingdom of Heaven takes place right during the Last Supper. Isn't that amazing?? Jesus is about to be betrayed and arrested, and they're fighting about who is the greatest in the Kingdom!!) If you have time (there is no obligation!), please come to some or all of the Liturgies of Holy Thursday evening, Good Friday, and the Vigil on Holy Saturday evening at 8:15 p.m. These are the most awe-filled and powerful days of the whole year! Even the three days leading up to the Paschal Triduum are extra special. For example, tomorrow, Monday, the Gospel is about Mary opening the jar with the precious ointment and filling the whole house with its fragrance, and then anointing the Lord Jesus' feet with it for His burial. We will have some Chrism oil open by the communion rail in the front, so that you can smell (not touch!) that same oil with which you were anointed at your Baptism and Confirmation and incorporated into Jesus' Death and Resurrection.

In order to appreciate even more what Jesus did for us, here are some thoughts from an article on Roman crucifixion by doctors writing for the Journal of the American Medical Association (William D. Edwards, MD; Wesley J. Gabel, MDiv; Floyd E Hosmer, MS, AMI—March 21, 1986, Vol. 255, No. 11,):



Scourging...was a legal preliminary to every Roman execution...The usual instrument was a short whip with several single or braided leather thongs of variable lengths, in which small iron balls or sharp pieces of sheep bones were tied at intervals...the man was stripped of his clothing, and his hands were tied to an upright post...The back, buttocks, and legs were flogged...The severity of the scourging depended on the disposition of the lictors and was intended to weaken the victim to a state just short of collapse or death...As the Roman soldiers repeatedly struck the victim's back with full force, the iron balls would cause deep contusions, and the leather thongs and sheep bones would cut into the skin and subcutaneous tissues...Then, as the flogging continued, the lacerations would tear into the underlying skeletal muscles and produce quivering ribbons of bleeding flesh...Pain and blood loss generally set the stage for circulatory shock...The extent of blood loss may well have determined how long the victim would survive on the cross...At the Praetorium, Jesus was severely whipped... A detailed word study of the ancient Greek text for this verse indicates that the scourging of Jesus was

particularly harsh...when the soldiers tore the robe from Jesus' back, they probably reopened the scourging wounds..The severe scourging, with its intense pain and appreciable blood loss, most probably left Jesus in a preshock state....even before the actual crucifixion, Jesus' physical condition was at least serious and possibly critical...It was customary for the condemned man to carry his own cross from the flogging post to the site of crucifixion outside the city walls. He was usually naked, unless this was prohibited by local customs. Since the weight of the entire cross was probably well over 300 lb, only the crossbar was carried. The patibulum, weighing 75 to 125 lb. was placed across the nape of the victim's neck and balanced along both shoulders. Usually, the outstretched arms then were tied to the crossbar...Outside the city walls was permanently located the heavy upright wooden stipes, on which the patibulum would be secured...To prolong the crucifixion process, a horizontal wooden block or plank, serving as a crude seat (sedile or sedulum), often was attached midway down the stipes...At the site of execution, by law, the victim was given a bitter drink of wine mixed with myrrh (gall) as a mild analgesic. The criminal was then thrown to the ground on his back, with his arms outstretched along the patibulum...nailing apparently was preferred by the Romans. The archaeological remains of a crucified body, found in an ossuary near Jerusalem and dating from the time of Christ, indicate that the nails were tapered iron spikes approximately 5 to 7 inches long with a square shaft 3/8 inches across. Furthermore, ossuary findings and the Shroud of Turin have documented that the nails commonly were driven through the wrists rather than the palms. After both

(Go to Page Six for the conclusion to this article.)

Holy Week Schedule

CONFESSIONS ON Monday and Tuesday, April 11 and 12, from 8:00 to 9:00 p.m. each evening

MASSES on Monday and Tuesday: 6:00 & 8:00 a.m., and 7:00 p.m. (Tuesday's 7:00 p.m. Mass is in Spanish) (all of the priests will be OUTSIDE hearing confessions on Tuesday due to the concert [See below])

MASSES on Wednesday: 6:00 & 8:00 a.m., and 6:00 p.m. (No Confessions on Wednesday)

(Note: no morning Masses on Holy Thursday or Holy Saturday; Mass is never celebrated on Good Friday)

Holy Thursday (April 14): Mass of the Lord's Supper with Washing of the Feet: 7:00 p.m.

(Mass of the Lord's Supper at the Cloistered Nuns' Chapel: 5:00 p.m.; NO Foot Washing service)

Good Friday (April 15): 12:00 p.m.: Reflections on the Passion;

1:00 p.m.: Way of the Cross; 2:00 p.m.: Sacred Liturgy*; 7:00 p.m.: Sacred Liturgy*

(There will also be a 3:00 p.m. Sacred Liturgy* at the Cloistered Nuns' Chapel)

***Includes distribution of Holy Communion**



Holy Saturday (April 16): Solemn Easter Vigil Mass: 8:15 p.m.

(The Mass begins with the lighting of the Easter Fire in front of the church)

Easter Sunday (April 17): Masses at 7:30, 9:00, 11:00 a.m.,

1:00 p.m. in Traditional Latin, and 5:00 p.m.

FAST AND ABSTINENCE: Good Friday, April 15, is a day of Fast (and abstinence). On that day, **FASTING** is obligatory for all Catholics ages 18 through 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to the full meal. The norms for **ABSTINENCE FROM MEAT** are binding upon all Catholics from age 14 and up (no upper age limit).

Easter Flower Offerings

Help us beautify the altar for Easter by making an Easter Flower offering (envelopes are on the pews and tables). Write the name of a deceased loved one on it, and that person will be enrolled in a Mass offered on Friday, May 6, at 6:00 a.m. Thank you for your generosity!



HOLY WEEK CONCERT

CREDO CATHOLIC CHOIR (with our former Music Director Charlotte Lansberg) will perform the SEVEN LAST WORDS FROM THE CROSS at



8:00 p.m. (right after the 7:00 p.m. Mass) on TUESDAY, APRIL 12, here in our church. FREE!

You are welcomed to come and be inspired by this beautiful work. (Please note that confessions will begin at 8:00 p.m. that evening but will be OUTSIDE.)

ORDER YOUR EASTER TAMALES!

There is still time to order tamales for pick up on Easter Sunday. call Maria Alejandra at (626) 993-4236.



RUMMAGE



Saint Theresse Carmelite School will be having a Rummage Sale in the Parish Hall on Saturday, April 30, from 8:00 a.m. to 6:00 p.m. and on Sunday, May 1, from 8:00 a.m. to 2:00 p.m. Come and support the School! "Rummage" through classic treasures, gently-used appliances, furniture, clothing, toys, electronics, costume jewelry, knick-knacks, and more. Don't miss out! All proceeds will go to support our School.

WE NEED YOUR DONATIONS!

We are seeking gently-used/clean items only! Bring them to the Hall beginning April 26 (please do NOT bring earlier or leave anywhere else on church property). Beginning on that date, the Vega gate will be open; please enter there.

THANK YOU! For Helping the Homeless!

Friends, thank you so very much for your kind donation to our diaconate formation class' homeless project. Thanks to your generosity, we were able to provide 100 backpacks filled with travel and shower essentials to the homeless currently staying at the Santa Clarita Homeless Shelter (operated by Bridge to Home). Aside from the bags, we had a number of surplus items, (such as soap and tooth/hairbrush travel kits) that will be administered to the transitional homeless who are not at the shelter—nothing went to waste!

We meet one-on-one with a number of the "clients" at the shelter and we can assure you that your generosity was appreciated as an act of love. Through your simple gifts, you have enabled a number of these individuals and

the members of our formation class in your prayers as we approach the hope we enjoy through the resurrection of Our Lord in the approaching season of Easter. **—Rex and Karen Owens**



FINANCIAL OFFERINGS

May God reward you for giving from your heart! Below you will find the total collection for last weekend, as well as for the previous four weekends. Note: There is a second collection on the 2ND WEEKEND OF EACH MONTH for our School.



	April 2 / 3, 2022
Unrestricted.....	\$14,909.00
Restricted	\$ 1,325.00
T O T A L.....	\$10,004.00

March 5/6	\$20,268.00
March 12/13	\$24,337.00
March 19/20	\$18,364.00
March 25/26	\$10,004.00

CHECK USERS:
Please use a donation envelope in order to more easily credit your account.

"SHOWER OF ROSES" LUNCHEON

YOU are invited to the annual **SHOWER OF ROSES Luncheon**, hosted by the **Cloistered Carmelite Nuns' Auxiliary**, on **Thursday, April 28**, at the **San Gabriel Country Club in San Gabriel**.

It will begin with a social and shopping at 10:30 a.m., followed by the Luncheon at Noon. During the Luncheon **"Inside the Cloister,"** a special slideshow, will be shown!



Tickets are **\$65 each** and can be reserved by sending your check (made out to Carmelite Auxiliary) to Mrs. Louis Fulps, 8729 East Avondale Avenue, San Gabriel 91775.

All proceeds will benefit the Nuns.



MEN'S RETREAT



MEN! Join us for a retreat on **April 22-24** at the **Carmelite Friars' Retreat Center, El Carmelo Retreat House, 926 East Highland Avenue, Redlands**. Space is limited. Retreat cost is **\$210 Single room only**.

Mail your check made out to **El Carmelo Retreat House** to Dave Golder, P. O. Box 1454, Crestline, CA 92325. For questions contact Dave at (909) 338-0130.

CHRIST'S LOVE

From the proclamation of the Gospel at the beginning of the liturgy, we know that today is different, not only because we hear two Gospel passages, or because we hold palms and move in procession.

Today begins Holy Week, a week in which to listen, pray, reflect, and take to heart the truth of Christ's passion, crucifixion, death, and ultimately, resurrection. It takes a week, and a lifetime, to truly hear the message of Christ's love. It is difficult for us to comprehend that Jesus willingly sacrificed Himself, so we must hear the story again and again.

Let this week be for us a new moment of faith in which we, together with the criminal who was crucified with Christ, cry out, "Jesus, remember me when you come into your Kingdom."

arms were fixed to the crossbar, the patibulum and the victim, together, were lifted onto the stipes. On the low cross, four soldiers could accomplish this relatively easily. However, on the tall cross, the soldiers used either wooden forks or ladders. Next, the feet were fixed to the cross, either by nails or ropes...nailing was the preferred Roman practice...The length of survival generally ranged from three or four hours to three or four days and appears to have been inversely related to the severity of the scourging...However, even if the scourging had been relatively mild, the Roman soldiers could hasten death by breaking the legs below the knees ...Not uncommonly, insects would light upon or burrow into the open wounds or the eyes, ears, and nose of the dying and helpless victim, and birds of prey would tear at these sites...a spear wound to the heart through the right side of the chest -- a fatal wound probably taught to most Roman soldiers...in preparation for transfixion of his hands, his scourging wounds most likely would become torn open again and contaminated with dirt...Furthermore, with each respiration, the painful scourging wounds would be scraped against the rough wood of the stipes...As a result, blood loss from the back probably would continue throughout the crucifixion ordeal...With arms outstretched but not taut, the wrists were nailed to the patibulum...It has been shown that the ligaments and bones of the wrist can support the weight of a body hanging from them, but the palms cannot...the driven nail would crush or sever the rather large sensorimotor median nerve...The stimulated nerve would produce excruciating bolts of fiery pain in both arms...Although scourging may have resulted in considerable blood loss, crucifixion per se was a relatively bloodless procedure, since no major arteries, other than perhaps the deep plantar arch, pass through the favored anatomic sites of transfixion...the major pathophysiologic effect of crucifixion, beyond the excruciating pain, was a marked interference with normal respiration, particularly exhalation. The weight of the body, pulling down on the outstretched arms and shoulders, would tend to fix the intercostal muscles in an inhalation state and thereby hinder passive exhalation. (2,10,11) Accordingly, exhalation was primarily diaphragmatic, and breathing was shallow. It is likely that this form of respiration would not suffice and that hypercarbia would soon result. The onset of muscle cramps....would hinder respiration even further...Adequate exhalation required lifting the body by

pushing up on the feet and by flexing the elbows and adducting the shoulders...However, this maneuver would place the entire weight of the body on the tarsals and would produce searing pain...Furthermore, flexion of the elbows would cause rotation of the wrists about the iron nails and cause fiery pain along the damaged median nerves...Lifting of the body would also painfully scrape the scourged back against the rough wooden stipes...Muscle cramps and paresthesias of the outstretched and uplifted arms would add to the discomfort...as a result, each respiratory effort would become agonizing and tiring and lead eventually to asphyxia...the actual cause of death by crucifixion was multifactorial and varied somewhat with each case, but the two most prominent causes probably were hypovolemic shock and exhaustion asphyxia...Other possible contributing factors included dehydration, stress-induced arrhythmias, and congestive heart failure with the rapid accumulation of pericardial and perhaps pleural effusions...Crucifracture (breaking the legs below the knees), if performed, led to an asphyxic death within minutes...Death by crucifixion was, in every sense of the word, excruciating (Latin, *excruciat*, or "out of the cross").



Mass Intentions

April 9 to April 16, 2022

Saturday evening:

5:00 p.m.: Adelaida G. Hernandez, B-Day
INT

Palm Sunday:

*7:30 a.m.: Sara Ramirez, RIP
7:30 a.m.: Alice Uy & Bob Bitler, INT
9:00 a.m.: Alicia Maria Guadalupe, RIP
11:00 a.m.: McAllister Family, INT
1:00 p.m.: Goretti Garcia-Gomez & Family,
INT

5:00 p.m.: Parishioners

Monday:

6:00 a.m.: Marietta Okamoto, RIP
*7:30 a.m.: David Steele, RIP
8:00 a.m.: Robert Reyes, RIP
7:00 p.m.: Marietta Okamoto, RIP

Tuesday:

6:00 a.m.: Santos Valiente, RIP
*7:30 a.m.: Marietta Okamoto, RIP
8:00 a.m.: Gonzalo & Daisy Torres, RIP
7:00 p.m.: John Li, RIP

Wednesday:

6:00 a.m.: Anita Lim, Birthday INT
*7:30 a.m.: Anita Lim, Birthday INT
8:00 a.m.: Fermin de Jesus, RIP
6:00 p.m.: Gabriel Anyanwu & Family, INT

Holy Thursday:

*5:00 p.m.: Mary Cassidy, RIP
7:00 p.m.: Thelma Piol, Birthday INT

Good Friday:

No Masses offered today

***Held at the Cloistered Carmelite
Chapel, 215 East Alhambra Road,
Alhambra, California.**

**It is open to the public
every day except Sunday.**

LIVE STREAMED MASSES:

The 8:00 a.m. Daily Mass (Monday—Saturday), the 11:00 a.m. Sunday Mass, and the 7:00 p.m. weekday Masses are live streamed on Facebook AND YouTube (for those unable to attend due to illness, etc.). Links to those two sites are on our website's home page (in the top left column).

Quiet Listening Prayer

FROM THE LIVING FLAME OF LOVE

By St. John of the Cross

Let us leave aside our discussion of this attitude and speak of another more pestiferous trait of these directors or of other worse methods used by them. It will happen that God is anointing some souls with the unctions of holy desires and motives for



renouncing the world, changing their way of life, and serving him, with contempt of the world (and God esteems this stage to which he has brought them, because worldly things do not please him), when these directors, by their human rationalizations or reflections singularly contrary to the doctrine of Christ and of his humility and contempt for all things, and by depending on their own interests or satisfactions, or out of fear where there is no reason to fear, either make matters difficult for these souls or cause them to delay, or even worse try to make them put the thought from their minds. With a spirit not too devout, with little of Christ's meekness, and fully clothed in worldliness, since they do not enter by the narrow gate of life, these directors do not let others enter either (Stanza 3, No. 62).

Outside the Parish

Carmelite Pilgrimage with a Carmelite Friar to the Marian Shrines of Wisconsin on October 5-12. \$3,295 (double room occupancy) includes round-trip non-stop AA flights from LAX, land travel by deluxe coach, 3*/4* hotels with private bath/daily breakfast/dinner, all touring, daily Mass. \$200 Early bird Discount by May 15th. Add \$450 for single room occupancy. For details, call Louisa & Jack Day at (323) 360-5186 or (323) 403-8768

SPIRITUAL RETREAT PILGRIMAGE TO OUR LADY OF GOOD HELP SHRINE from September 29 through October 3, 2022 (\$1,349 from L.A.—\$45 single supplement). This is the only approved Marian Apparition site in the US (2010 by Emeritus Pope Benedict XVI), which took place in 1859. Join us for this five-day spiritual retreat in Wisconsin—also the home of Holy Hill National Shrine of Mary.

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